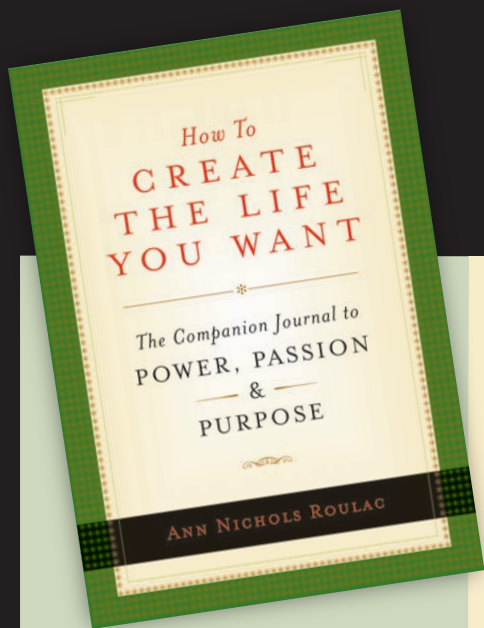


HOW TO CREATE THE LIFE YOU WANT

The Companion Journal to Power, Passion & Purpose ~ Ann Nichols Roulac



REVIEWS

“Power, passion and purpose are what we all need in our lives.... I know from experience that when you combine Ann’s information with your inspiration, the result will amaze you.”
—Bernie Siegel, M.D., author of *365 Prescriptions for the Soul* and *101 Exercises for the Soul*

“Roulac has amassed such a comprehensive volume of information that she establishes herself as an avatar of energy, a shaman of self-empowerment.”
—*LA Yoga*, June 2006

“Ann Roulac has taken hidden powerful esoteric secrets and made them easy for everyone to understand and use. The writing style is light and captivating. The majority of the world’s population would greatly benefit from reading and utilizing this information.” —Michael Peter Langevin, CEO CSI Media Corp. and author of *Secrets of the Ancient Incas*

Start turning your dreams into reality!

How to *Create the Life You Want* is a life-planning system, workbook, and journal, with quizzes and templates that will produce immediate benefits in your life.

We all have the capacity to re-make our lives in ways that help us achieve our dreams. Like a story, we are each a unique work of art. And like a story that isn’t finished, we have the power to change it. Self-reflection and personal inquiry can help you to begin changing your story—to see opportunities and life situations in a new light and to discover new ideas and new wisdom.

Through reflection and personal inquiry, you will:

- Identify your passion and life purpose
- Identify the life work that nourishes your spirit
- Make positive changes in your personal and/or business life
- Clarify your unique genius, skills, and qualities
- Achieve greater life balance

How to Create the Life You Want will help you rediscover the dreams and passions that are at the core of your life work and personal power.

ABOUT THE AUTHOR

As a business and life strategist, speaker and author, Ann serves as a catalyst for change, empowering individuals to transform their personal and professional lives. As a master rainmaker, she has enabled thousands of individuals and executives to achieve extraordinary wealth. Ann’s presentations, training programs, books, and products teach people simple and practical tools, principles, and life-changing strategies that produce extraordinary results. Ann is nationally recognized for her strategic advice and supports her clients to create personal, professional and financial freedom.

BOOK SPECS

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